CLEANLINESS & HYGIENE POLICY

Clean spaces. Healthy habits. A better training environment for everyone.

This policy forms part of the Build Training Membership Agreement and applies to members, visitors and participants. It supports a clean, safe and respectful training environment. This policy must be read in conjunction with the Membership Agreement and any other applicable Build Training policies.

1. Member responsibilities

- Bring and use a clean towel during training.
- Wipe down equipment and contact surfaces after use with approved products.
- Return equipment to its designated place.
- Wear clean, appropriate, non-offensive training attire and enclosed sporting footwear, unless a coach directs otherwise.
- Use bins and leave bathrooms, change areas and common spaces tidy.

2. Illness and exclusion

Do not attend while affected by a contagious illness, disease or condition that may place you, staff or other members at risk. Build Training may refuse entry or require a person to leave where there is a reasonable health concern.

3. Hand and respiratory hygiene

- Wash or sanitise hands as appropriate before and after training.
- Cover coughs and sneezes and dispose of tissues immediately.
- Avoid sharing personal items such as towels, drink bottles and wearable accessories.

4. Body fluids and spills

Notify staff immediately of blood, vomit, other body fluids, hazardous spills or contamination. Members must not attempt to clean hazardous material unless directed and provided with appropriate protective equipment.

5. Equipment and facility cleaning

Build Training will maintain reasonable cleaning schedules for training areas, high-touch surfaces, bathrooms and shared equipment. Cleaning frequency may be increased in response to usage, incidents or public-health guidance.

6. Recovery, sauna and Reformer areas

Users must follow specific cleaning instructions, use towels where required and clean contact surfaces after use. Wet areas must be left dry and free from personal products or waste as far as practicable.

7. Food and drink

Use approved containers. Glass is prohibited in training areas. Food may be restricted to designated areas. Ordinary food or drink spills must be reported and cleaned promptly. Hazardous spills must be reported to staff and managed in accordance with section 4.

8. Personal belongings and laundry

Store belongings in designated areas and do not obstruct the gym floor, walkways or emergency exits. Used towels or hire items must be placed in the nominated collection point. Do not leave clothing or damp items in shared areas.

9. Staff actions

Staff may close an area or item of equipment for cleaning, maintenance or infection-control purposes and may give reasonable hygiene directions.

10. Enforcement and review

Depending on the seriousness and circumstances of a hygiene breach, Build Training may provide a verbal or written warning, restrict access, refuse entry, require a person to leave, suspend or terminate membership, or recover reasonably incurred costs where permitted by the Membership Agreement and law.

Build Training may take immediate action where a breach creates a health or safety risk or follows repeated breaches.

Nothing in this policy excludes, restricts or modifies rights, guarantees or remedies that cannot lawfully be excluded.

11. Privacy

Personal information collected, stored or used under this policy will be handled in accordance with the Build Training Privacy Policy and applicable privacy laws.

12. Policy changes

Build Training may reasonably update this policy for safety, legal or operational reasons. A change will not materially increase fees, reduce core membership benefits or introduce a new cancellation burden unless permitted by the Membership Agreement, required by law or accepted by the member. Where reasonably practicable, Build Training will give at least fourteen (14) days' written notice before a material change takes effect. A shorter period may apply where reasonably required for an urgent safety, legal or regulatory reason.